



Canadian Mental  
Health Association  
Huron Perth  
Mental health for all

Association canadienne  
pour la santé mentale  
Huron Perth  
La santé mentale pour tous

*Our Vision: A society that values human dignity and enhances mental and emotional well being for all.*

Welcome to the Canadian Mental Health Association, Huron Perth Branch's Case Management program. To assist you in your recovery goals that you have identified in your Application for Service, or with our Intake Worker, you have the option to access our weekly Case Management Clinics.

***Case Management clinics are offered at the following sites.***

***Clients are encouraged to **call in** for supports.***

***Case managers are available for face to face appointments as needed.***

You can contact our office at **1-888-875-2944 ext. 0** (speak with reception) to be connected with a clinic staff.

Every **WEDNESDAY** from 1:00pm-3:00pm

- ❖ **STRATFORD CLINIC:** CMHA HP office  
(540 Huron Street, Stratford)

Every **THURSDAY** from 1:00pm-3:00pm

- ❖ **GODERICH CLINIC:** CMHA HP office  
(52 Newgate Street, Goderich)

The **1<sup>st</sup>** and **3<sup>rd</sup>** **THURSDAY** of each month from 1:00-3:00pm

- ❖ **SEAFORTH CLINIC:** CMHA HP office  
(92 Goderich Street West, Seaforth)

***What do our drop-in clinics involve?***

- ❖ Brief time spent with a one-to-one Case Manager
- ❖ Information on resources available to you
- ❖ Education and tools to support you with your mental health concerns
- ❖ Assistance with phone calls, applications and referrals that can contribute to your recovery goals